

February Reach News



707 High St., Palo Alto · (650) 327-3224

Dear Reach Members,

We are pleased to provide you with February's aerobic schedule, events and specials we will be hosting this month. To print out the schedule, please click on the link, "February Aerobics Schedule" to access the PDF file. We have alot going on this month, so watch for updates!

[CLICK HERE](#) for

February Aerobics Schedule

Mandy Bell is back at Reach!!

We would like to welcome Mandy back to the Reach Team!! She will be teaching 2 dance classes, Beginning Tap & Dance Conditioning on Mondays.

New Classes!!

Monday	10:35am	Totally Tap 30
Monday	11:10am	Dance Conditioning
Wednesday	6:35pm	Cardio Sculpt
Wednesday	12:00pm	Step Interval

New Instructors!!

Reach would like to welcome 2 new instructors to the Reach Team, Laura Locker and Kelly Beall. Laura will be teaching Cardio Sculpt and Kelly will teach Step Interval. Try their classes this month, you'll get a great workout and have fun!!

Events at Reach this month!!

Feb 4th - 10th - "Share the Gift of Fitness"

Each member is welcome to bring 1 friend for the day FREE of charge. Drop in fee is normally \$15 for the day. This is a great way for you to introduce Reach Fitness Club to a close friend or family member. If your friend joins Reach, you will receive 1 Free month at Reach!!

Feb. 14th - "Valentines Day Sale"

Take advantage of this special Valentine Savings!! Receive 20 - 40% off selected merchandise. Debi, Reach's Merchandise Buyer, will be available if you have any questions. If your looking for something in particular, please contact Deb at 650-577-7906 or email her at dzografos@reachfitness.com.

Its time to try Pilates!!

Get Fit with Pilates.

Try an intro session for only..

\$45

Schedule your appointment today!

(650) 289-9459

Valentines Special

Join Reach today & SAVE!

2 for 1
or
50% off
initiation fee

More details coming soon...